



# CONSTITUTION

**THE PAKISTAN LONG RANGE RIFLE ASSOCIATION**  
**CONSTITUTION**

**1. NAME**

The Organization shall be called "The Pakistan Long Range Rifle Association". The Headquarters / Secretariat of the Federation shall be at Army Marksmanship Unit Jhelum.

**2. JURISDICTION**

The jurisdiction of The Pakistan Long Range Rifle Association shall extend throughout Pakistan, the acceding States and the territories under the control of the Government of Pakistan.

**3. INTERPRETATION OF TERMS**

3.1	I.S.U	International Shooting Union.
3.2	S.A.S.C	South Asian Shooting Confederation.
3.3	A.S.C	Asian Shooting Confederation.
3.4	P.L.R.A	The Pakistan Long Range Rifle Association.
3.5	P.S.B	Pakistan Sports Board.
3.6	NATIONAL	On Country-wide basis.
3.7	REGIONAL	Area Restricted to the jurisdiction of a Member Unit.
3.8	CONSTITUTION	The Constitution and Bye Laws of the PLRA.
3.9	MEMBER UNIT	An Affiliated Association or Organization as per article 5.1 herein.
3.10	SPORT	The Sport of complete marksmanship as practiced and played in accordance with ISU Rules as may be framed from time to time.
3.11	ICFRA	International Confederation of Full-Bore Rifle Associations.

**4. AIMS & OBJECTIVES**

4.1 Army Marksmanship Unit shall act as the Headquarters / Secretariat of PLRA.

- 4.2 To act as the supreme body for the supervision, control, management and organization of Long Range Shooting as a sport and for the supervision and guidance of all the member units within its jurisdiction.
- 4.3 To get affiliated with Pakistan Sports Board (PSB) and International Confederation of Full Bore Rifle Association (ICFRA) and any other body which may suit the interest of the Sport.
- 4.4 To promote the sport of long range shooting as a sport in Pakistan.
- 4.5 To organize, control and authorize the holding of championships, competitions and contests as a part of the annual programs and activities and hold tests and trials for selection of National team for participation in international competitions.
- 4.6 To recognize and accord affiliation to Sports Organizations within its jurisdiction for the promotion of sport.
- 4.7 To act as the controlling body for the coordination of member units within and with other Sports Bodies in Pakistan.
- 4.8 To represent the member units and shooters for the projection and promotion of the sport and to protect their interests with the Pakistan Sports Board and elsewhere.
- 4.9 To arrange and organize training and coaching of shooters and officials in Pakistan and abroad in order to develop and upgrade their skills in the sport.
- 4.10 To import, purchase and acquire firearms, ammunition, reloading equipment, reloading components, gunpowder, telescopes, shooting accessories and aids as may be deemed fit and necessary on its own behalf as well as on the behalf of member units.
- 4.11 To obtain import authorization from the appropriate authorities for the import of all weapons, ammunition, equipment and components.
- 4.12 To arrange representation of National team in International Championships/ Competitions and to select and train the National Long Range Shooting Teams appropriately to effectively participate in these championships and win honors for the country.
- 4.13 To liaison with Pakistan Sports Board, International sports bodies and all the member units of PLRA.
- 4.14 To manage and control long range shooting ranges for the promotion of the sport all over Pakistan and to make arrangements for the availability of these ranges to member

units and their shooters on designated days without interruption of the basic role of these ranges.

- 4.15 To sell, grant or give on loan fire arms, ammunition and long range shooting equipment to such member units as may be deemed fit for the promotion of the sport in Pakistan.
- 4.16 To certify, recognize and approve the status of the shooters according to their skill.
- 4.17 To receive grants, grants in aid, donations, subscriptions or other funds from the Government or any person, company or agency and use it for the promotion of the sport.
- 4.18 To maintain the accounts of PLRA and ensure their periodical audit.
- 4.19 To get tax exemption under section 15(d) of the Income Tax Act 1922, for the association's revenue earnings.
- 4.20 To ensure distribution of rules and regulations to all the member units in order to achieve standardization in competitions.
- 4.21 To issue an annual calendar to include competitions, training camps and development of technical officials.
- 4.22 To appoint committees and to do all such things necessary for the attainment of the above mentioned roles and tasks.

## 5 **Membership:**

The Membership shall comprise:

President.

Senior Vice President.

7 Provincial Associations, namely:

The Punjab, Sindh, Khyber Pakhtunkhwa, Balochistan, Islamabad Federal Territory, Gilgit Baltistan and Azad Jammu & Kashmir.

Pakistan Army, Pakistan Air Force & Pakistan Navy.

POF Wah.

All such units that have a direct affiliation status with the PSB and are qualified for admission to membership, provided, the units have developed long range shooting facilities for its members and are active in the Sport.

- 5.1 Non geographical units which do not maintain proper long range shooting facilities etc, in the form of ranges and equipment shall only have playing rights but no voting rights.

- 5.2 The PLRA may elect any number of Patrons, only these persons will be eligible who have made an outstanding contribution to the PLRA or the Sport in some major way. A patron shall have no voting rights. He may retire upon his own request.
- 5.3 All individual Shooters shall be directly affiliated as members of the PLRA. All clubs should obtain affiliations with their relevant Member Units.
- 5.4 All Member Units encourage and may nominate women in their ranks and associate them in organizing and setting up women wings within these associations. Member Units must also encourage and may nominate women representatives to the General Assembly of the PLRA to establish the women wings at the National level.

## **6 MEMBERSHIP FEE**

- 6.1 The Patron-in-Chief, the President and the Senior Vice President(s) shall be members of the PLRA without payment of any membership fee, except the patrons who wish to earn this status vide article 5.2.
- 6.2 Organizations affiliated to the PLRA shall pay Rs. 10,000/- as Annual Subscription Fee or any other fee decided by the Executive Committee.
- 6.3 The membership fee shall fall due on the first day of January each year and shall be paid within three months from the date it falls due.
- 6.4 Annual membership Fee (as decided by the Executive Committee) will be paid to Headquarters PLRA on or before 1<sup>st</sup> January. Any member who fails to pay within the due time period will stand ineligible for participation in competitions or use of facilities.
- 6.5 No member Unit shall be entitled to vote at any meeting of the PLRA or any of its Sub-Committee while its fee or any other dues are in arrears.
- 6.6 Members failing to pay their fee or dues within the time fixed may be removed from the Membership.
- 6.7 All the new applications for membership must be accompanied by the requisite membership fee, a list of its members and a copy of article of association or constitution without which an application shall not be considered. Any subsequent changes or amendments made in these articles and Bye Laws/Constitution must be intimated to the PLRA within 30 days of approval.

- 6.8 Once a member is removed for non-payment of fee by the PLRA, re-admission will not be allowed unless all arrears and, in addition, a penalty to be fixed by the Executive Committee shall have been paid in advance.
- 6.9 The PLRA's financial years shall be from 1<sup>st</sup> July to 30<sup>th</sup> June.

## **7 GENERAL ASSEMBLY**

- 7.1 The supreme authority of the PLRA shall vest in the General assembly comprising the following:
- 7.1.1 The President
  - 7.1.2 The Senior Vice President
  - 7.1.3 1 x Woman Vice President and 3 x Male Vice Presidents.
  - 7.1.4 The Secretary General
  - 7.1.5 The Treasurer
  - 7.1.6 The Associate Secretary
  - 7.1.7 One representative each from the 7 Provincial Associations (including Federal, GB and AJ&K). The Pakistan Army, Pakistan Navy, Pakistan Air Force and POF. Each representative shall have the right of one vote.
- 7.2 Ordinary General Assembly Meeting shall be held once every year before the end of October. Other General Assembly Meetings shall be held as and when summoned by:
- 7.2.1 The President
  - 7.2.2 The Executive Committee; or
  - 7.2.3 At the written request of not less than 2 Member Units
  - 7.2.4 The Quorum for the General Assembly meeting should be 55 percent of Members in Good Standing
- 7.3 The following business shall normally be transacted in the Ordinary General Assembly Meeting:
- 7.3.1 To elect office bearers and members of the Executive Committee.
  - 7.3.2 Admission and removal of members.
  - 7.3.3 To consider Statement of Accounts, Balance Sheet and the Annual Audit Reports etc. The Statement of Accounts shall be audited every year by a firm of chartered accountants appointed by the General Assembly.
  - 7.3.4 To consider the Annual Budget for the following years.

- 7.3.5 To frame amend and approve the Constitution and Bye Laws.
  - 7.3.6 To take decisions about the levy of any contribution from the Members.
  - 7.3.7 To appoint auditors.
  - 7.3.8 Any other business with the permission of the Chair.
- 7.4 In order to exercise their vote at a General Assembly Meeting, the Members shall intimate in writing to the Secretary General the names of their representatives 10 days before the meeting. Change of representatives after this period shall be intimated by a resolution of the organization concerned or a letter from competent authority, to be submitted before the meeting.
- 7.5 All business discussed or decided at a General Assembly Meeting shall be recorded in a Minute Book Which shall be signed by the Chairman of the concerned meeting. Copies of the proceedings shall be supplied to all members within one month of the meeting.
- 7.6 Twenty one days notice shall be necessary for any Ordinary General Assembly Meeting and not less than seven days for meeting adjourned for want of quorum.
- 7.7 A meeting once convened cannot be adjourned for any reason other than lack of quorum. An adjourned meeting may be held without quorum restriction.

## **8 ELECTION OF OFFICE BEARERS**

- 8.1 The following Office Bearers of the PLRA shall be elected every four years at the Ordinary General Assembly Meeting in the lines with guidelines and rules of elections provided by the Pakistan Sports Board and the National Sports Policy:
- 8.1.1 Ptron-in-Chief
  - 8.1.2 President
  - 8.1.3 Senior Vice President
  - 8.1.4 Vice Presidents (1 Women, 2/3 Men)
  - 8.1.5 Secretary General
  - 8.1.6 Associate Secretary
  - 8.1.7 Treasurer
  - 8.1.8 Six members of the Executive Committee (may include a lady member)

## **9 THE POWERS AND DUTIES OF THE OFFICE BEARERS SHALL BE AS FOLLOWS**

- 9.1 **The President**

The President shall be the Chief Executive Officer of the PLRA. He shall preside at the General Assembly/Executive Committee Meetings and shall exercise general supervision on the affairs of the PLRA. He shall exercise his good offices to ensure the availability of means and conditions for the development and growth of the sport. In case of tie in a vote he shall have a casting vote.

## 9.2 **Senior Vice President**

He shall assist the President in the discharge of his duties. In the case of the President's absence, he shall preside over meetings of the General Assembly/ Executive Committee, and during the interval between meetings, act as the Chief Operating Officer of the PLRA and shall manage its executive affairs. He shall also act as the Chairman of the Selection Committee to select the National Shooting Teams and Officials to represent the Country in International Shooting Championships, Matches, and International Meeting/ conferences in the interest of the sport.

## 9.3 **Vice Presidents**

Shall perform all duties as are assigned to them by the President/ Senior Vice President. One of the Vice Presidents shall in the absence of the Senior Vice President be elected to chair the meetings.

9.3.1 To oversee the complete working of the PLRA.

9.3.2 To assist the Senior Vice President in execution of decisions of the General Body.

9.3.3 To ensure the periodical audit of the accounts of PLRA.

9.3.4 To develop various areas of Long Range Shooting to come at par with the international competitors.

9.3.5 To ensure the accuracy of results after each competition.

9.3.6 To maintain liaison with member units and address any points that need immediate attention before the General Body meeting.

9.3.7 To get a feedback from all sub committees and convey them to President and Senior Vice President.

## 9.4 **Secretary General**

The Secretary General of the PLRA shall act:

9.4.1 As Secretary of the PLRA, the Executive Committee and other sub committees unless otherwise decided in any specific case.

- 9.4.2 To perform all his duties under the directions of the President and the Senior Vice President.
- 9.4.3 To superintend and control the work of the PLRA's office.
- 9.4.4 To sign on behalf of the PLRA and to conduct its correspondence.
- 9.4.5 To issue notices and agenda for the meetings.
- 9.4.6 To include in the agenda of the General Assembly Meetings and Executive Committee Meetings or other meetings any matter duly proposed and seconded by the members and delivered in the office of the PLRA one month, and 15 days, respectively before the schedule dates of the meetings.
- 9.4.7 To maintain correctly and upto date the register of Members and their bonafide representatives.
- 9.4.8 To record proceedings of all meetings and obtain approval of the chairman of the meeting of the recorded proceedings and to supply copies to members.
- 9.4.9 To prepare the Annual Budget of the PLRA in consultation with Treasurer and have it approved by the Executive Committee.
- 9.4.10 To maintain all files and record of the PLRA complete and updated.
- 9.4.11 To keep a permanent imprest advance of sufficient amount to meeting expenditure of contingent nature which may be recouped from time to time and to maintain a register showing its expenditure.
- 9.4.12 To file any law suits, appeals or legal proceedings to protect the interests of the PLRA or its Members, or the Sport as authorized by the Executive Committee.

## 9.5 **Treasurer**

- 9.5.1 To maintain accurate and up to date Accounts of the PLRA and to certify copies of entries in books.
- 9.5.2 To receive and deposit immediately in the bank all monies received on behalf of the PLRA and make payments in accordance with the approved budget, as sanctioned by Secretary General.
- 9.5.3 To assist the Secretary General in preparing the budget and to get the accounts audited every year and present the Audit Report before the Ordinary General Assembly Meeting.

## 9.6 **Associate Secretary**

The Associate Secretary will perform such duties as may be assigned to them by the President, the Senior Vice President, or the Secretary General.

## 10 **EXECUTIVE COMMITTEE**

- 10.1 The Executive Committee shall consist of following Members which include:
  - 10.1.1 The President
  - 10.1.2 The Senior Vice President
  - 10.1.3 4 Vice Presidents (1 Women & 3 Men)
  - 10.1.4 The Secretary General
  - 10.1.5 The Treasurer
  - 10.1.6 The Associate Secretary
  - 10.1.7 Ten Members, elected in the General Assembly
- 10.2 Officer Bearers or Members of the Executive Committee shall be elected by name, and proxies shall not be permitted except for the Armed Forces who may replace their representatives under intimation to the Secretary General at least (72) seventy two hours before a meeting.
- 10.3 The Executive Committee shall be competent to fill in any vacancies created during the term through an Internal Election based on recommendations received from the member units.
- 10.4 Meeting of the Executive Committee shall be held at least once in Six months and at other times when summoned by the President or Senior Vice President, Secretary or at the written request of at least three members of the Executive Committee. Seven days' notice shall be necessary for the Executive Committee Meetings. The agenda for the meeting shall also be circulated along with the notice of the meeting.
- 10.5 The Executive Committee shall exercise all the powers of the PLRA except those reserved for the General Assembly, and shall in particular have the following Powers and Duties.
  - 10.5.1 To observe the provisions of the Constitution in all their transaction.
  - 10.5.2 To ensure maintenance of true and accurate accounts of all monies received and expended and all stocks bought and sold.
  - 10.5.3 To raise funds for the PLRA.
  - 10.5.4 To sanction expenditure of the PLRA.

- 10.5.5 To hold shooting contests and tournaments to popularize, improve and develop the Sports.
- 10.5.6 To hold and organize International and National Championships and Shooting Events.
- 10.5.7 To Organize Training and Coaching Camps for National Shooting Team.
- 10.5.8 To appoint a Selection Committee consisting of 3 persons for selection of Team for participation in international contests & sanction expenditures for the same.
- 10.5.9 To appoint other Sub-Committees as may be required to oversee the various Institutional functions of the PLRA.
- 10.5.10 To decide about any other matter referred to it by the General assembly or any Sub-Committee.
- 10.5.11 To consider grant of aid to Members.
- 10.5.12 To do all such things as may be incidental or conducive to the attainment of the Aims and Objectives of the PLRA.
- 10.5.13 To frame amend and approve rules of business for conducting the business affairs of the PLRA and its various Sub-Committees.
- 10.5.14 To consider disciplinary cases and to take action against any member unit or any Individual contravening the Rules of the PLRA.
- 10.5.15 To consider the Enhancement/ Reduction of Annual Fees payable by Members.

## **11 GENERAL AND MISCELLANEOUS**

- 11.1 All the Funds of the PLRA shall be deposited in an approved Bank, in the name of the PLRA and shall not be withdrawn except under the joint signature of the Secretary General and the Treasurer.
- 11.2 All stocks of the PLRA to be jointly maintained and issued by the Secretary General and Treasurer jointly after approval of the Executive Committee.
- 11.3 In case of emergent matters when holding of a meeting is not possible, the Secretary General may obtain the decision of the Members by post or by telegram votes and act according to the majority of votes, provided the votes so obtained are preserved in the PLRA record, and the matter is laid at the next meeting for approval. If, however, there

is no time to take postal votes, then the Secretary General may take a decision after obtaining orders from the President or the Senior Vice President.

- 11.4 No amendment to these Bye Laws shall be made except at an Ordinary General Assembly Meetings, provided due notice of proposed amendment is given to the Members at least 7(Seven) days before the date of the meeting. Such amendment shall be adopted by two-third majority members attending the meeting.
- 11.5 Any matter not covered by these Bye Laws shall be decided by the General Assembly by a majority of vote.
- 11.6 The interpretation of these articles of the Constitution and Bye Laws by PLRA Executive Committee or the General Assembly, as the case may be, shall be final.
- 11.7 If upon winding up the affairs of the PLRA there remains after the satisfaction of all debts and liabilities any property, the same shall not be paid to or be distributed among the members.
- 11.8 Shall be transferred to the PSB or to another body engaged in a similar Sport.
- 11.9 No shooter or group of shooters of an affiliated body may correspond with or approach the PLRA or its office bearers, or any Foreign or Zonal organization directly. All such correspondence shall be channeled through their respective member units, in case of serious nature affecting the Sport and Sportsmen in general, an appeal may be addressed to the president through the Secretary General.
- 11.10 No shooter shall be allowed to participate in any Championships organized by the PLRA or any other Members Unit unless his name is approved or proposed by his concerned regional Member Unit.
- 11.11 Participation at International level will only be through PLRA. No individual may contact any International competition organizers for participation without obtaining an NOC from Headquarters PLRA.
- 11.12 No all Pakistan or Inter Provisional Shooting Championships shall be organized by any Member Unit, or any other body or organization without the prior approval of PLRA.
- 11.13 The Executive Committee of a Member Unit holding a Championship under the authority of the PLRA must submit to the PLRA within one month of the conclusion of the championship, a complete copy of the results of relevant championship and the relevant target papers in cases of disputes or records, as required by the PLRA.

- 11.14 A Member Unit will be fully responsible for its shooters participating in a championship or a contest not duly sanctioned by the PLRA or for which the Member Unit does not have the prior permission of participation from the PLRA, and the PLRA in such case may take such disciplinary actions as the Executive Committee may approve.
- 11.15 All Members shall abide by the rules and regulations and directives and instructions of the PLRA with regard to the holding of any championships or trials, and shall be responsible for the conduct and behavior of their members and shooters participating in such championships. In case of any misbehavior, contravention of rules of conduct or participations or any breach of discipline PLRA Ex-Committee shall have the authority to take action which may include.
- 11.15.1 Debarring of such a shooter/Club/or Member Unit from taking part in any championships for any period of time.
- 11.15.2 Dis-affiliation of the Member Unit.
- 11.15.3 Impose a fine on the Individual or Member Unit concerned.
- 11.16 No shooter shall be allowed to change his membership without prior written consent of his parent association.
- 11.17 All Member Units, except those representing the Armed Forces shall submit their Articles of Association and Constitutions, together with any periodic changes made therein, promptly to the Secretary General. Any change made but not submitted to the PLRA promptly shall not be accepted as a valid change by the PLRA. Such Articles, or changes therein shall bear the signatures of both the President and the Secretary of the concerned Member Unit.
- 11.18 A representative of the PLRA shall be invited to sit as an observer in the conduct of their elections by all Member Units. Any elections held by Member Units to elect their office bearers wherein the PLRA is not represented as an observer shall not be accepted and such members may lose their voting rights in the PLRA.
- 11.19 Only duly affiliated Member Units shall be recognized by the PLRA as bona fide Members. Subject to clause 6, and all unauthorized or paralleled bodies shall be discouraged and denied recognition and support in accordance with the directions of PSB on the subject.
- 11.20 The PLRA and its Member Units shall make every endeavor to ensure that only law-abiding citizens with clean and respectable record shall be enrolled as members and

enjoy its protection and facilities. Any act on the part of a member which amounts to breach of law or which brings disrepute to the Sports shall be liable to disciplinary action under Article 11.13.

11.21 No individual shooter or official may use print, electronic or social media for self-propagation or make any unauthenticated claims for gaining popularity or defaming PLRA. Such acts shall render his/her membership cancelled for life. Individuals may submit their requests for addition to the PLRA website for authentic publicity.

## 12 **Arbitration**

All disputes arising in the working, functioning and performance of the PLRA and/or any of its Member Units within itself or amongst each other shall be resolved through arbitration. No Member Unit or any member (person) affiliated in any manner with the PLRA shall take their disputes of any nature relatable in any manner with the unit or the PLRA to any Court of Law, but the arbitration to be conducted by the President concerned or by any other person so authorized. The disputes in the subordinate units of a Member Unit from the lowest level up shall be referred to the President of the next higher-level unit for arbitration and redress. The disputes in the PLRA itself shall be referred to the Pakistan Sports Board (PSB) for their resolution. The Executive committee of the PSB shall be Court of Appeal for the resolution of disputes arising in the PLRA, and its decision shall be final and binding.

## 13 **DISSOLUTION**

The supreme authority of the PLRA the (7.1) General assembly must decide the dissolution of PLRA by 3/5<sup>th</sup> majority and must inform the Pakistan Sports Board (PSB).

## 14 **BANK ACCOUNT**

- 14.1 Title: Pakistan Long Range Rifle Association (PLRA)
- 14.2 Bank: Askari Bank Limited
- 14.3 Branch: Jhelum Cantonment (368)
- 14.4 Account Number: 1350000135

